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171 175 wide distribution in Africa (C. Wiedemann, 1909) and the ceremony still survives among the Ovimbundu in modified form.

[114] Though an informative writer, Monteiro is sometimes vague; he says (I, p. 278) that circumcision is a universal custom among the blacks of Angola. In view of the extent of Angola, the diversity of tribes, and the fact that Monteiro traveled over only a small part of the country, this information is misleading.

Monteiro is the only writer in whose works I have found a reference to the Vasele tribe; probably no part of Angola has been so neglected as the Esele country in the hinterland of Novo Redondo. At the present day the Vasele have a reputation for cannibalism. [266] Monteiro saw human flesh eaten at Cuacra, while the skulls of the victims were placed on adjacent trees. Monteiro states (II, p. 167) that on the death of a king the Mucelis (Vasele) put out all the fires in the kingdom; these were relighted by the succeeding king who [321] used fire produced by rubbing two sticks together. The flat beads of shell called *dongos*, made from *Achatina monetaria* (II, p. 168), are made today and traded to the far south of Angola, where their novelty assures them a value far beyond their intrinsic worth. I was fortunate in obtaining an example of the old beheading ax mentioned by Monteiro (II, p. 157) and sketched by Cavazzi (p. 210). Par- [262] boiled and roasted rats were offered to me as food; Monteiro mentions the offering of a roasted rat on a skewer (I, p. 99).

The account of Commander V. L. Cameron, who left Zanzibar for his journey across Africa in 1873, mentions several points of anthropological importance in relation to the Angolan section of his [756] journey. Cameron saw a net-covered medicine-man of the Kibokue (Vachokue) wearing a mask and a kilt of grass (p. 384). The function [524] of this man was to frighten devils from the woods. The contest in which boys discharge their arrows at a rolling root was seen by Cameron near Kagnombe (Cangamba?). Skulls of victims killed in [797] war were spiked on poles (p. 399). The diviner was followed by attendants who struck iron gongs, while the diviner himself shook a rattle made of basket-work in the form of a dumb-bell (p. 404). Cameron gives an accurate description of the divination basket and its use without going into details. These I have been able to supply [482] (chapter IX). The explorer met caravans of Bihéans, renowned carriers then as they are today. They were usually drunk and abusive; in some instances they attempted to rob the stragglers. 000 The use of caterpillars as food is noted (p. 416): "A man cut open

175 [316] [325] Serpa Pinto saw shafts for the working of iron ore in the neighborhood of Cubango. The ore was mixed with charcoal and smelted in shallow pits. It is stated that the iron was sometimes tempered with ox-grease and salt. The bellows are of the type made at Elende (I, p. 128). Of the tempering process I have no confirmation.

175 787 [764] Somewhere near Bihé Serpa Pinto saw the ceremony of questioning a corpse which was made to sway to and fro, the people believing all the while that it does so without human intervention. The diviner declared that the soul of a dead person will tell who caused the death (I, p. 130). I observed and photographed this ceremony (Plate XLV, Fig. 1).

[695] The ordeal of the poison cup is described; blood-letting, and divination by shaking articles in a basket are also mentioned. Pinto says that in the articles that appear uppermost the diviner reads what his hearers are desirous of learning of the past, present, or future. Sorcery and rain-making are likewise briefly mentioned (I, p. 132). The divination basket, the poison ordeal, and rain-making, are Umbundu cultural traits today.

171 224 Here Pinto illustrates the existing practice of mounting the skulls of animals killed by a hunter on a pole in the village. There is a further reference to this custom among the Ambuellas (I, p. 333). These instances, combined with those personally noted, give a wide distribution for the practice (I, p. 177).

175 [304] Pinto saw the operation of tooth mutilation among the Luimba. The operation was performed with a knife which was struck by repeated light blows (I, p. 209).

[711] Pinto illustrates arrowheads in use in 1879 (I, pp. 277, 346). These are exactly the same as those made and used in 1929 (Plate XVII, Figs. 1–9).

[412] Axes used by the Luchazi are sketched with a detail that shows the old forms to persist without alteration (II, p. 36).

[321] Water-pipes made from horns and gourds by the Luina of eastern Angola are of the forms now used in that region, also by the Ovimbundu of the present day (II, pp. 33, 37).

175 114 For use in checking and supplementing my observations Serpa Pinto's book was found to be of the greatest service, though the precise locality was sometimes difficult to identify. This explorer, in common with others, scattered his ethnological observations among descriptions of the route and botanical, zoological, and other notes.

Lux traveled from Loanda due east, following the Kwanza on the northern bank between 9° and 10° S. Lat., and so into Lunda.

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The picture of types gathered at Ngalangi (Plate LXXXIX, Fig. 3) shows, reading from left to right along the back row, then along the front row in the same direction: an Ocimbundu; an Ocivokue; a man of the Vangangella; an Uluchazi woman; a Lunda man; and two types of the Vangangella.

The M'Bunda man and woman photographed at Cangamba display characteristic deformation of the upper central incisors (Plate XCI, Figs. 1, 2). Photographs of a Mussurongo man and two women, taken about a hundred miles east of Malange, show no great difference from the Ovimbundu except in their shorter stature (Plates LXX, Figs. 1, 2; LXXI, Figs. 1, 2). The Bushman (Plate LXIX, Figs. 1, 2) shows a type found wandering in small bands in the south of Angola. These photographs were taken at Cassanga.

The dress and personal ornaments of the tribes dwelling to the south of the Ovimbundu (Plates LIX–LXVIII) are entirely different from the clothing and decorative styles observed in the areas occupied by the Ovimbundu. This statement is true with regard to bodily covering, ornaments, tooth mutilation, use of pigment, scarification, and hairdressing.

In respect of all these factors, males and females of the Ovimbundu have distinctive patterns which do not appear to have influenced, or to have been influenced by the styles around them.

In working southward from Elende I passed through typical Umbundu cultures until the vicinity of Kipungo was reached. At this place the change in physical appearance, ornaments, and hairdressing was remarkable both for its abruptness and distinctiveness. But the change from agricultural to pastoral pursuits is gradual.

A comparison of photographs indicates at once the truth of this statement, which can be further illustrated by a detailed description of the ornaments observed from Kipungo to Mongua.

By far the most important of these is the circular *omba* shell made from the basal part of a gastropod shell of the genus *Conus* Linn; and allied forms. These are highly prized, not because of any intrinsic worth, but on account of strong sentiment arising from their bequest, which is usually in the female line. I have, however, seen a few males of the Vakuanyama wearing these shells. For the old *omba* shells monetary offers equal to the earnings of a woman for a period of six months were made, but without success. One woman wavered somewhat, but finally decided that she dared not return to her home without her *omba* shells. From a Portuguese trader I bought, for a small sum, *omba* shells showing stages in manufacture.

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301 The new ornaments had acquired no sentimental value, therefore
321 their price was moderate.

[171] *Omba* shells are to be seen in use from Kipungo southward through Huila, among the Luvando, and among the Vakuanyama of southern Angola. In the places mentioned one may judge the social status [554] of a woman by the number of *omba* shells she wears. A principal wife is usually well supplied with these ornaments.

302 In this southern journey it was noticeable that there was an
171 increasing use of red pigment which is lavishly employed for smearing [294] every kind of ornament, the body, and the hair. Leather belts and skirts of Vakuanyama women are thickly coated with red pigment which is invariably mixed with grease. The red powder is prepared [824] by desiccating a red wood called *tukula* by the Vakuanyama, a name which is used through Angola and the southern Congo area.

412 From Kipungo southward through the Vakuanyama country
171 there is a notable absence of decorative wooden hair combs. On the contrary, delicately carved combs are used by both men and women of the Ovimbundu. The Vasele make such combs, but by far the best [532] examples are made and used by the Vachokue tribe of eastern Angola. Here the decorative design usually includes a well-carved human figure at the top of the comb.

301 Among the Vakuanyama, necklaces of disks made from ostrich
[237] eggshell are worn by the women only. A woman of importance has a dozen loops of such necklaces, each loop being about 125 cm long. [551] These necklaces are so greatly esteemed that only after much persuasion can a woman be induced to part with a single link. Perhaps, as is the case with *omba* shell, there is more than the intrinsic value to be considered. One point is constantly noticed in considering social status and ornament. All the wives of a wealthy man, especially among the Vakuanyama, are made to advertise their husband's position by the profusion of their ornaments and the quality of their leather skirts and belts.

[321] There is, in addition to the necklaces of ostrich-eggshell beads, a highly prized necklace made from small perforated disks of shell having a diameter of about a centimeter. The Vakuanyama women smear a necklace of this kind with grease and *tukula* powder; the [435] value of a necklace 125 cm long is equivalent to that of an ox. In describing these necklaces there is interest in noting that they are traded to the south of Angola from places six hundred miles to the [439] north; therefore their value is to some extent dependent on rarity and distant origin.